

THE CHATTERBOX

June 2016

Winter has come everybody, and while winter means feeling cold, getting wet with rain and eventually catching that flu virus going around, it also means snow, sledding, more cups of tea and curling up by the fire with your family so make sure you get the best out of it!

Activities

Our new weekly activity "Make your own..." is being enjoyed by most of our residents, where they got to bake scones and cookies for morning tea, plant flower bulbs and do clay modelling. We've also been to Morning Melodies concert in Takapuna quite a few times, and residents loved it every time. Last month, we went on a bus trip to Devonport, had Ice Cream and watch the ferries and enjoyed our time, oh it was a beautiful day!



Shopping at Glenhaven

As part of our Activities Program, we now have a "mini dairy" at Glenhaven where residents can buy lollies, chips, drinks, toiletries etc., for the same price the supermarkets sell them. Diane spends time atleast once a week to put all the stuff in the trolley, go around the home and get the residents to have a look and see if they want anything, they all think it's a wonderful idea as it gives them a sense of independence especially the ones who don't go out very often.

Keep warm and well

We had a Cold Virus outbreak last week here in the resthome. As temperature goes down, elderly people can easily catch virus, that could lead to chest infection for the more vulnerable people. We are a reflection of what's happening in the community, if you or any of your family is not feeling well, we discourage you to visit.

Residents are welcome to use their heat pumps/heaters in their rooms. We also make sure that they have enough blankets at night and wear enough layers of clothes especially when they go out.

Let's not forget to keep our body hydrated! I know we're not sweating as much, and that is why we tend to forget to drink fluids. 😊

Staff and Management

One of our dearest Caregivers, Raewyn, has now retired. The whole team of Glenhaven with Raewyn's family dined in for a leaving dinner for her last Monday. We also did a special morning tea for her with the residents. Raewyn has worked for Glenhaven the past 5 years, and she will surely be missed.

As Raewyn goes, Lorrie George comes to join our team. Some of you may have met her, Lorries comes with more than 10 years of caregiving experience and superb cooking skills.



1% Maximum Contribution Rates

We've recently signed a new contract with the DHB, which includes the 1 % increase of Maximum Contribution Rates starting 1 July 2016. Mark will be sending an email to the private payees to inform new rate.